Mother: *Still sleeping? Hey, time for school.*

Get ready, go go go!

Hey, wait for me!

Usually it's me to take her to school. If time allows, I will also pick her up after school.

If not, my husband or other family members would pick up her.

Today's child care services have really helped me a lot.

With the support and cooperation of my family, I am able to manage both family and work.

Super: Female labour force participation rate

 $1996 \rightarrow 2016$ $45\% \rightarrow 51\%$

Child-care services 7000 places

250 child-care centres and kindergartens

Mother: Nowadays, women have more choices.

I have a different role to play in office.

Working gives me opportunity to develop myself, to keep learning and pushing my limits.

It gives me a sense of assurance and satisfaction.

Yes, I want to have it all, family and self.

And my family and the society also support it, why not?

Super: Women's share of managerial positions in 20 years

 $20\% \to 33\%$

Super: Undergraduate female students in 20 years

 $49\% \to 55\%$

Mother: When I started my first job, my colleagues in the IT

department were all men.

Now there are many women working in the field of IT.

Also, female doctors are very common nowadays.

So if you ask me what do I want for my kid, I would leave

the choice with her.

She could be a doctor or an engineer. There can be many

options for her.

Super: Female students majoring engineering & technology

 $1997 \rightarrow 2017$

14%→29.5%

Female students studying medicine

 $1997 \rightarrow 2017$

37%→51%

Mother: Apart from family and work, I am also a paddler of a

dragon boat team.

(We are amateurs.)

Men or women, the whole team is very serious about the

game.

Our coach is equally strict to each team member.

In the past, only men could take part in dragon boat racing.

Women were not allowed to touch the boat nor even look at

it.

Later, women were allowed to take part but that is called "Phoenix Boat" (not a dragon boat).

Today, mixed dragon boat racing is common in Hong Kong. There are about 60 races each year.

Coach:

Dragon boat racing used to be a traditional activity that women were not allowed to take part in it.

Gender doesn't matter, what matters is communication and team spirit.

Male or female, each team member is born different and so is their strength. The thing is all hands on deck.

Mother:

I enjoy dragon boat racing as much as my job because they help realise my potential.

I am Kelly. I am a working mother.

VO: The United Nations Convention on the Elimination of All

Forms of Discrimination against Women (CEDAW)

safeguards women's rights,

Super: Convention on the Elimination of All Forms of

Discrimination against Women

VO: removes barriers and gender stereotypes against women,

and ensures the full development of women.

The Convention has a total of 30 articles, covering different

aspects including education, employment and labour,

access to health facilities, economic, social and cultural life,

and participation in the public life.

Super: Covering

education

employment and labour

economic, social and cultural life

participation in the public life

VO: In 1996, CEDAW was extended to Hong Kong.

> Since then, the HKSAR Government has fully committed to discharge its obligations thereunder.

In 2001, the Government established the Women's Commission to promote women's interests and well-being.

The HKSAR Government will continue to adhere to the principles of CEDAW

and work with various sectors of the society to provide an enabling environment

that facilitates women's advancement in realising women's full potential.

Super: Labour and Welfare Bureau

> Women's Commission www.lwb.gov.hk/CEDAW